

Finnegan Neonatal Abstinence Scoring Tool (FNAST)

Patient ID:	Name:	Today's Weight:	DOB:	Date:	
Signs & Symptoms	Time	Score	AM	PM	Comments
Central Nervous System Disturbances					
Crying: Excessive High Pitched		2			
Crying: Cont. High Pitched		3			
Sleeps < 1 Hr After Feeding		3			
Sleeps < 2 Hr After Feeding		2			
Sleeps < 3 Hr After Feeding		1			
Hyperactive Moro Reflex		2			
Markedly Hyperactive Moro Reflex		3			
Mild Tremors: Disturbed		1			
Mod-Severe Tremors: Disturbed		2			
Mild Tremors: Undisturbed		3			
Mod-Severe Tremors Undisturbed		4			
Increased Muscle Tone		2			
Excoriation (Specific Area)		1			
Myoclonic Jerk		3			
Generalized Convulsions		5			
Metabolic, Vasomotor And Respiratory Disturbance					
Sweating		1			
Fever < 101 (37.2-38.3c)		1			
Fever > 101 (38.4c)		2			
Frequent Yawning (> 3)		1			
Mottling		1			
Nasal Stuffiness		1			
Sneezing (>3)		1			
Nasal Flaring		2			
Respiratory Rate (> 60/Min)		1			
Respiratory Rate (>60/Min With Retractions)		2			
Gastrointestinal Disturbances					
Excessive Sucking		1			
Poor Feeding		2			
Regurgitation		2			
Projectile Vomiting		3			
Loose Stools		2			
Watery Stools		3			
Score					
Total Score					
Average Daily Score					
Inter-Observer Reliability %					
Initials Of Scorer 1					
Initials Of Scorer 2					

Adapted from Finnegan, L.P., Kaltenbaach, K. The assessment and management of Neonatal Abstinence Sundrome. Primary Care, 3rd editions, Hoekelman + Nelson (eds.), C.V. Mosby Company, St. Luois, MO., pp. 1367-1378, 1992. The FINNEGAN NEONATAL ABSTINENCE SCORE is for the assessment of infants exposed in utero to psychoactive drugs, particularly opioids/opiates. Evaluator should check signs or symptoms observed at various time intervals and add the scores to obtain a total score. Observation of the scores over the time interval provides the progression/diminution of symptoms. Copyright, 2007